

# Yoga Retreat with Lee

## Renewing your Body, Mind, and Spirit with Yoga

### September 8 - 10, 2017

*“Tell me, what is it you plan to do with your one wild and precious life?”*

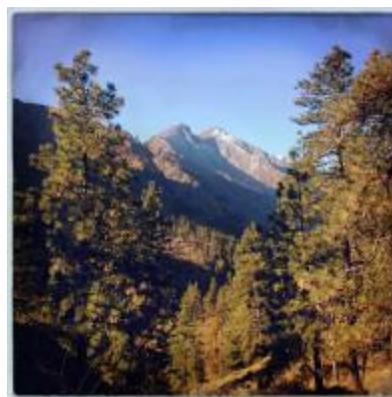
*Mary Oliver*

Join Lee for an inspiring weekend of yoga and renewal at the beautiful Sleeping Lady Resort near Leavenworth.

Reserve your space soon!

This fabulous weekend retreat features daily yoga where we will explore the radiance of our inner light through asanas, pranayama and meditation.

Sleeping Lady Resort is located at a stunning creekside mountain setting. Included are daily yoga, pranayama and meditation sessions as well as incredible gourmet meals (made from local and organic ingredients from their garden when available). There will also be time to relax in the sauna, soak in the outdoor granite hot pool, explore the on-site creekside trails, journal, be by yourself or with friends, and absorb the serenity of the surroundings.



\* Luxurious spa treatments are also available as an added option.\*  
(Book early)

This is a great retreat setting to connect with friends or family, or attend as a couple - as there are various room choices available. If you are on your own and want to share a room, please let us know so we can accommodate you.

Please register soon with your \$200 non-refundable deposit to save your space.

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**\*Save \$50-per person with the special early bird rates when paid in full by July 8, 2017\***

**Early Bird Rates: \$635 triple, \$675 double, \$825 single**

**Regular Rates apply after July 8th - add \$50- per person to the above rates when paying after July 8th.**

**The Regular Rate balance is due August 8th.**

(Offsite option available, also - please enquire).

**Cancellation Policy:** The \$200 deposit is non-refundable. The retreat balance is non-refundable but may be creditable after the Regular Rate due date (August 8th) if there is someone on a waitlist to take your place, or if you find someone to take your place. Retreat cost includes all meals, yoga, accommodations, use of the sauna, soaking pool, axillary buildings (library etc) and taxes.

**Gratuuity:** for the wonderful 'Sleeping Lady' employees is not included and can be paid at the time of your check out.

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